



**Howard County Local Health Improvement Coalition**

Behavioral Health Work Group Meeting

08/13/2019 – 9:00 - 10:30am

**Grassroots Crisis Intervention Center**

6700 Freetown Road, Columbia, MD 21044

**Minutes**

**Members Present:**

Yulanda Blackston, NAMI Howard County  
Kayla Blasher, Howard County Health Department  
Kathy Brooks-Jones, Columbia Association  
Alyse Cooper, Howard County Health Department  
Katie Dant, Grassroots Crisis Intervention Center  
Katie Downes, Congruent Counseling  
Olivia Farrow, Saint Agnes Hospital  
Heather Hughes, Community Member  
Karen Hull, Howard County Department of Community Resources and Services

Karen Isailovic, Root Studio  
Aisha Masood, Mental Health Consultant  
Juli Murray, Inquiring Minds, LLC and AFSP  
Maura Rossman, Howard County Health Department  
Rashel Taylor, Horizon Foundation  
Laura Torres, Howard County General Hospital  
Heidi Weiss-Beedie, Howard County Health Department  
Jeffrey Wetstone, Community Member  
Genny LaPorte, Howard County Police Department  
Chun Ye, Howard County Chinese School

**Staff Present:**

Rena Rambharat, HCLHIC Program Coordinator  
Kelly Kesler, HCLHIC Director

Topic/Agenda	Discussion	Action/Follow-up
<b>Welcome and Introductions</b>	Reena Rambharat called the meeting to order at 9:05am. Members and guests introduced themselves.	
<b>Approval of Minutes and Announcements</b>	<p>Reena Rambharat reviewed the goals and agenda for the meeting and provided a summary from the June 7, 2019 meeting. A motion to accept the minutes as written was made by Jeffrey Wetstone and seconded by Aisha Masood.</p> <p>Group members shared announcements about upcoming programs and activities including:</p> <ul style="list-style-type: none"> <li>- September 1<sup>st</sup> is International Overdose Day</li> <li>- September is National Suicide Prevention Month and September 10 is</li> </ul>	<p>Minutes from the previous meeting will be available one week prior to the next meeting date at <a href="http://www.hclhic.org/membership/meeting-portal">http://www.hclhic.org/membership/meeting-portal</a>.</p> <p>Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming events: <a href="http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/">http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/</a>. To request an event be added to the HCLHIC Community calendar contact <a href="mailto:lhic@howardcountymd.gov">lhic@howardcountymd.gov</a>.</p>

	<p>World Suicide Prevention Day. A Suicide Prevention Toolkit with information for activities was sent to coalition members for use and sharing following the meeting.</p> <p>Reena Rambharat thanked individuals for providing feedback on the Behavioral Health crosswalk (in person and via the survey link). Coalition members are asked to access and share the electronic version of the crosswalk. Reena Rambharat noted that the crosswalk will be updated periodically as new programs are added and changes to existing programs are made. The crosswalk and other resources can be found at <a href="http://www.hclhic.org/resources/behavioral-health-resources">http://www.hclhic.org/resources/behavioral-health-resources</a>.</p> <p>Reena Rambharat provided an update on the Adverse Childhood Experiences (ACEs) webinar held on June 12, 2019. Sixteen participants joined the webinar and most individuals expressed an interest in a longer (2 to 3 hour) in-person ACEs training.</p> <p>Alyse Weinstein-Cooper, Program Administrator for the Community Health Bureau and Cancer Prevention Programs, provided data on smoking cessation for adults receiving mental health and/or substance related disorder services in Howard County. Youth e-cigarette data were also shared.</p>	<p>A follow-up email was sent to work group members following the meeting with information. Coalition members are asked to participate/share:</p> <ul style="list-style-type: none"> <li>- <a href="#">International Overdose Awareness Day Candlelight Vigil August 31, 2019</a></li> <li>- <a href="#">AFSP: Walk to Fight Suicide/ Howard County Out of the Darkness Walk</a> on September 28, 2019 from 10:00am to 1:00pm. Please contact Kayla Blasher with questions at 410-313-6240 or <a href="mailto:kblasher@howardcountymd.gov">kblasher@howardcountymd.gov</a></li> <li>- <a href="#">Youth Mental Health First Aid Instructor Training</a> on September 23 to 27, 2019 from 8:30am – 5:00pm</li> <li>- <a href="#">NAMI Howard County Fall 2019 classes</a></li> </ul> <p>Coalition members are asked to share the behavioral health crosswalk and other resources found at <a href="http://www.hclhic.org/resources/behavioral-health-resources">http://www.hclhic.org/resources/behavioral-health-resources</a></p> <p>Further discussion into planning for a longer, in-person ACEs training in the Fall/Winter months will be held.</p> <p>Coalition members are asked to share information on Howard County’s FREE smoking cessation program for adults and youth. Visit <a href="https://www.howardcountymd.gov/Departments/Health/Cancer-Prevention/Tobacco-Control-Program">https://www.howardcountymd.gov/Departments/Health/Cancer-Prevention/Tobacco-Control-Program</a> for more information or contact Alyse Weinstein-Cooper at 410-313-5158 or <a href="mailto:acooper@howardcountymd.gov">acooper@howardcountymd.gov</a> with questions.</p>
<p><b>Presentation of Grassroots Services</b></p>	<p>Katie L. Dant, Assistant Director of Crisis Services at Grassroots, presented an overview of Grassroots services. Information was provided about the expanding substance use services including the SBIRT (Screening, Brief Intervention, Referrals to Treatment), and the New Beginnings Crisis</p>	<p>Coalition members may contact Katie Dant with questions at <a href="mailto:katieda@grassrootscrisis.org">katieda@grassrootscrisis.org</a></p>



	<p>Stabilization Program. Ms. Dant also spoke about the Grassroots Day Resource Center (DRC), housed at the Leola Dorsey Community Resource Center located on Guilford Road (first floor) in Jessup. Coalition members were provided with an opportunity to tour the facility following the presentation.</p>	
<p><b>Next Steps and wrap-up</b></p>	<p>The work group meeting was adjourned at 10:30am.</p>	<p>Members are asked to continue to share the resource guides that the HCLHIC maintains with colleagues and stakeholders in order to increase access to these important programs and services available in the County. Remember to check back at <a href="http://www.hclhic.org">www.hclhic.org</a> regularly for updates:</p> <ul style="list-style-type: none"> <li>• <a href="#">Behavioral Health Crosswalk</a></li> <li>• <a href="#">HCLHIC Chronic Disease Self-Management Program Resource Directory</a> last updated 8.02.19</li> <li>• <a href="#">HCLHIC Food Assistance Nutrition Education Resource Directory</a> revised 06.21.19</li> <li>• <a href="#">HCLHIC Partner Mental Health First Aid Classes &amp; Suicide Intervention Programs</a> revised 7.17.19</li> </ul>

**Future Meeting Dates:**

**Work Group**

November 12, 2019; 9:00 – 10:30am – Severn Room

**FULL HCLHIC**

September 26, 2019; 8:30 – 10:30am – Non-Profit Collaborative of Howard County

Respectfully submitted by  
 Reena Rambharat, MPH, CHES®, Program Coordinator  
 Howard County Local Health Improvement Coalition